

David and Sandy Clark
239A Raroa Road
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Bay of Plenty 3196
New Zealand

Nov 07

To Any Interested Trekkers in Nepal

We contacted Norsang Lama via email from NZ about a month before our departure date and organised with him to be the guide for our three person trek in Nepal. Norsang replied promptly to our emails, and was very helpful with information about all aspects of the trek as well as general information about travel in Nepal.

We negotiated a 17 day trek (6th - 24th Oct 07) including the flight from Kathmandu to Lukla - going to Gokyo lakes, Cho La Pass, Everest Base Camp return Lukla. Norsang hired two porters on arrival in Lukla.

We met Norsang in Kathmandu at our hotel on the day of our arrival, we confirmed what was included in the trek, he checked our gear to ensure we would be comfortable, and after paying him for the Lukla tickets he purchased these. We had several days in Kathmandu waiting for the other member of our party - Norsang was able to help us with organising a trip down to Chitwan National Park as well as spending a day with us around Kathmandu.

The day before our departure we paid Norsang for the trip so that he could use the money to pay for our food and accommodation over the next 17 days.

During the trek Norsang ensured that we were well acclimatized and had some of the best accommodation, in our agreed price range, each night. Each night Norsang would confirm the following days details so we always knew what was happening, how long we would be walking etc. He was generally well informed about the area, its mountains and people and was happy to answer all our questions and share his views regarding Nepal and his life. We also had as much time by ourselves as we required.

We were pleased we had chosen Norsang as our guide rather than booking with a larger group or even using a larger company to employ a guide for us. We would use Norsang again if we went trekking anywhere in Nepal and would recommend him to anyone else especially smaller groups or individuals that don't want to join a large group.

We are happy to be contacted to answer any questions regarding Norsang and or our trek in Nepal. clark.dns@xtra.co.nz

David and Sandy Clark
New Zealand



Handwritten signatures of David and Sandy Clark in blue ink.

Endorsement letters

An endorsement from Mr. Rich Henke ...

Adventure Plus

RICHARD HENKE
PHONE/FAX: 310 545-6491

652 MARINE AVENUE
MANHATTAN BEACH
CALIFORNIA 90266 USA

May 3, 1995

To: Potential Climbers and Trekkers

This letter serves as a high recommendation for Chheduk Man Lama. Not only was he the sirdar (lead Sherpa) for our American team's successful 1994 climb of Dhaulagiri, but has also supported me as sirdar for Nepal treks for over 12 years. Some of the particulars are described below:

Most recently, Chheduk Man was our sirdar for the approach to Dhaulagiri base camp and managed our base camp while we climbed the mountain. Dhaulagiri is the 6th highest mountain in the world. As always, Chheduk Man did an excellent job. He was responsible for transporting our 3,000 pounds of gear from Kathmandu to base camp and back again. He also dealt effectively with the complex issues that arose in hiring porters over the holidays as often can happen in Nepal. Everything in base camp ran smoothly and efficiently.

I have worked with Chheduk Man since 1983. He has been my sirdar for 5 full service treks ranging from 19 to 25 days in addition to the climb described above. He has many contacts and is able to build an excellent crew.

The areas we trekked in were as follows:

Fall 1983	Kanchenjunga Region
Fall 1988	Jugal Himal
Fall 1989	Rolwalling
Spring 1990	Langtang
Fall 1991	Makalu Base Camp
Fall 1994	South of Dhaulagiri

Additionally, I have referred many people to Chheduk Man. They have all returned very pleased with the service he has provided them. Chheduk Man is not only an efficient and resourceful leader, but is a warm and special individual who is cared about by and has been befriended by most of the people on the treks over the years.

I would recommend Chheduk Man without reservation. Please contact me at the above address or phone/fax number if you need more information.

Sincerely,

Rich Henke

An endorsement from George & Nancy Ruff,

Bates | College

Department of Physics and Astronomy

24-5-00

CHHEDUK MAN LAMA
SANJAYA LAMA

THANK YOU FOR BEING SUCH EXCELLENT
GUIDES, PORTERS, AND FRIENDS! YOU MADE
OUR TIME IN NEPAL ONE OF THE HAPPIEST
EXPERIENCES OF OUR LIVES. WITHOUT YOU WE
NEVER COULD HAVE SEEN SO MANY THINGS,
OR UNDERSTOOD WHAT WE WERE LOOKING AT.

YOUR COUNTRY NEPAL IS ONE OF THE
MOST BEAUTIFUL IN THE WORLD. YOU ARE
VERY LUCKY TO BE ABLE TO CALL IT HOME.

GOOD LUCK IN EVERYTHING YOU DO!

George and Nancy

44 Campus Avenue, Carnegie Science Hall
Lewiston, Maine 04240-6084
207.786-6490 FAX 207.786-8334

The Sierra Club's endorsement

SIERRA CLUB
KANGCHENJUNGA TREK
NOVEMBER, 1984

LEADER: PETER OVERMIRE
293 UNION STREET
SAN FRANCISCO, CALIFORNIA 94133
(415) 989-3945

To Whom It May Concern:

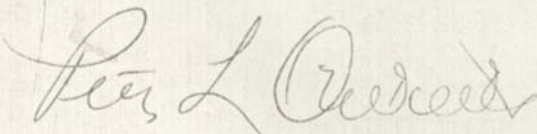
CHEDUKMAN LAMA served as Guide on a trek I led for the Sierra Club in the Kangchenjunga Area of Eastern Nepal in November and December of 1984.

No other members of my staff, including the Sirdar, had trekked that particular route previously, so a guide was a great asset. Chedukman had served as Sirdar on a trek by several of my friends in that area some months earlier, and based on their high recommendation I asked him to act as our guide.

His performance was outstanding - he was popular and well-liked by all trip members, and worked well with all staff members and with the local residents.

He scheduled trekking days, lunch stops, and campsites with considerable sensitivity to the strengths and desires of the group, as well as to the objectives of the trek.

I recommend CHEDUKMAN LAMA without any hesitation or qualification.



Peter L. Overmire